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NEWSLETTER

April 2015



It's official, we are now The David Benzer Strike Out Fear Foundation! Look for our new website, www.strikeoutfear.org, to be launched in the next month. Additionally, our <u>Facebook</u> page has a new name and address: <u>https://www.facebook.com/StrikeOutFear</u>. If you were receiving news feeds from the Torture Cancer Facebook page, you will continue to receive them. If you are not receiving them and would like to, please "Like" our page

- LATEST NEWS & EVENTS -



Virginia G. Piper Cancer Center Scottsdale, Arizona

Your donations continue to make a difference. Our next remodel site is The Virginia G. Piper Cancer Center in Scottsdale, AZ. The photo is of Nancy McCutcheon, Community Outreach Manager with David. We were touched by the warm and caring atmosphere at the center and are excited to partner with this outstanding organization. A ViewSonic kiosk will be installed in the lobby and a 70" HD TV will be contributed in the family waiting room.

We anticipate celebrating the installation in June, on National Cancer Survivorship Day. Going

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forward, we are planing a Free Skin Cancer Screening event during Spring Training, 2016 in conjunction with major league teams. The Virgina G. Piper Cancer Center at Scottsdale Healthcare is known for its commitment to personalized care and its innovative combination of community oncology services, academic medicine, and genomic research. It has become an international destination for its treatment of pancreatic and basal-cell cancers. Of note, the center's clinical trials are located on the campus of Scottsdale Shea Medical Center. An enclosed pedestrian bridge connects the two buildings symbolizing the "bridge between care and cure."



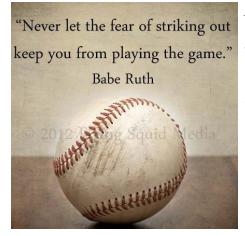
Save the Date - May 5, 2015 *Give Local Everywhere*

Give Local America also known as Give Local Everywhere is a national day of giving to local causes. Last year, the first time the Foundation participated in a crowdfunding event, we encouraged our supporters to give a small amount – whatever was comfortable –as our experience is that giving rewards the giver.

If you think your small donation doesn't make a difference, think again. Imagine our surprise when we opened a envelope from Give Local America with a check for \$5,000 – over and above the donations! The

letter explained that we were receiving this award check because, of the more than 10,000 participating charities, our foundation was one of the top five for the number of first time donors during the event.

So please, save the date, give what you can. \$20 can change the world! You'll be receiving more information in the near future but in the mean time, please copy and paste this link on your calendar for May 5th when there will be 24 hours from 12am to 12pm to donate: <u>Give Local Everywhere</u> <u>Strike Out Fear</u>



A Birthday Present to Yourself

In our work, we are continually reminded that cancers, when detected early, are more likely to be cured. With this in mind, we ask that you allow your birthday to serve as a reminder to take care of yourself in order to be of service to others. Schedule appointments with your doctors for an annual exam and make it a point to understand the timing of screenings such as colonoscopies and mammograms. Don't let the fear of pesky symptoms, or the busyness of life keep you from giving yourself And, if you are looking for non-medical relief from stress, sleep issues, pain, depression, or anxiety, consider meditation, yoga, massage, and other healing arts. Visit the Stanford

<u>Center for Integrative Medicine</u> website for more information. "Having just completed the Mindfulness Meditation Course, I am wondering what took me so long. In eight weeks, I learned more about myself and my soul's path than any other therapy or practice I've done to date." Lynn



From Fear to Hope. From Hope to Cure.

It is an honor to be entrusted with your donations to fight the fear a diagnosis of cancer creates. While we may not be funding the research that will lead to the cures, we are hopeful that recent advances will soon create the breakthrough treatments that turn cancer into a curable, or at the very least, a manageable disease. Importantly, we find our mission equally valuable – to lift the spirits, provide comfort, and ease anxiety – to minister to the souls of people fighting cancer. For those who continue the fight:

*Please know you are not alone. May courage, comfort, and compassion be your constant companions.**

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